

**Program**  
**WRIST ARTHROSCOPY COURSE**  
**Training on Anatomical Specimen**  
**Basic and Intermediate Course - Taiwan**  
May 25<sup>th</sup> and 26<sup>th</sup>, 2019



Organized by EWAS

With the support of:

FESSH, Honk-Kong Society for Surgery of the Hand, CUHK Depart. of Orthopaedics and  
Traumatology



Course Supervisor:

**C. MATHOULIN (France)**

Course Directors:

**T. NAKAMURA (Japan)**

**J.R. HAUGSTVEDT (Norway)**

**W.J. CHEN (Taiwan)**

Faculty:

Y. ABE (Japan)

T. EGI (Japan)

K. FUJIO (Japan)

Y.K.LEE (Korea)

P.C. HO (Hong-Kong SAR, China)

J. KOO (Hong-Kong SAR, China)

J.P. Wang (Taiwan)

C.H. Wu (Taiwan)

M. LEVADOUX (France)

J.M. COGNET (France)

Y.C. CHIU (Taiwan)

Y.C. HUANG (Taiwan)

J.T. SHIH (Taiwan)

M. TATEBE (Japan)

W.L. TSE (Hong-Kong SAR, China)

*This program may be subject to modifications*

Saturday, 25 May 2019

**Morning**

08:15	Lecture 1	Moderator : T. Nakamura
Lecture 1 Basic of wrist arthroscopy	<ul style="list-style-type: none"><li>· How to perform wrist arthroscopy : instruments, installation and portal (15 min)</li><li>· Complications of wrist arthroscopy (15 min)</li><li>· Arthroscopic ganglionectomy (10 min)</li><li>· Arthroscopic synovectomy (10 min)</li><li>· Radial styloidectomy (10 min)</li><li>.</li></ul>	<b>W.J. Chen</b> <b>Y.C. Huang</b> <b>Y.C. Chiu</b> <b>Y.K. Lee</b> <b>J.P. Wang</b>
9:15 – 12:30	<b>Practical session 1</b> Radiocarpal and midcarpal joints examination Removal of synovial cyst Radial styloidectomy	
Experts help students directly at their allocated tables or an anatomical specimen with simultaneous teaching, individual practical training by students (1 expert for 2 operating tables)		All experts

## Afternoon

14:00	Lecture 2	Moderator: <b>PC Ho</b>
Lecture 2 SL and DRF <ul style="list-style-type: none"><li>· Scapholunate ligament tears: problems and principles (15 min)</li><li>· Arthroscopic scaphoid fracture treatment (15 min)</li><li>· Arthroscopic scaphoid non-union (15 min)</li><li>· Intraarticular radius fracture: arthroscopic reduction and fixation (15 min)</li></ul>		<b>M. Levadoux</b> <b>J.M. Cognet</b> <b>W.L. Tse</b> <b>Y. Abe</b>
15:00 – 17:30 <b>Practical session 2</b> Basic: Scapholunate tears Intermediate: scaphoid fracture (arthroscopic or open ), intraarticular distal radius fracture		
Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching Individual practical training by students (1 expert for 2 operating tables)		All experts

17:00 End of the course—Course Banquet

**Morning**

08:30	Lecture 3	Moderator : <b>JR Haugstvedt</b>
Lecture 3: TFCC problems <ul style="list-style-type: none"> <li>· Principles of TFCC repair (15 min)</li> <li>· TFCC peripheral tears : diagnosis and repair (15 min)</li> <li>· TFCC inside-out foveal repair (15 min)</li> <li>· Ulnocarpal abutment syndrome and arthroscopic Wafer procedure (15 min)</li> <li>· Ulnar shortening and its arthroscopic findings (15 min)</li> </ul>		<b>T. Nakamura</b> <b>J.R. Haugstvedt</b> <b>K. Fujio</b> <b>T. Egi</b>  <b>M. Tatebe</b>
9:45 -12:30 <b>Practical session 3</b> Basic: TFCC peripheral repair and arthroscopic Wafer procedure Intermediate: DRUJ arthroscopy, TFCC foveal repair		
Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching, individual practical training by students (1 expert for 2 operating tables)  Students can be separated into basic and intermediate, according to their ability of wrist arthroscopy		All experts

**Afternoon**

14:00	Lecture 4	Moderator: <b>WJ Chen</b>
Lecture 4: Advanced arthroscopic procedures <ul style="list-style-type: none"> <li>· Thumb CMC arthroscopy (15min)</li> <li>· Arthroscopic treatment of STT joint (15 min)</li> <li>· Arthroscopic SL reconstruction (15 min)</li> </ul>		<b>J. T. Shih</b> <b>J. Koo</b> <b>P.C. Ho</b>
14:45 – 17:00 <b>Practical session 4</b> Basic: Thumb CMC arthroscopy Intermediate: Arthroscopic SL reconstruction		
Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching, Individual practical training by students (1 expert for 2 operating tables)  Students can be separated into basic and intermediate, according to their ability of wrist arthroscopy		All experts

17:00 End of the course