

PROGRAM

WRIST ARTHROSCOPY COURSE

MAY 28 - 29, 2026



An IRCAD-IWC Course

Organized by APWA, Endorsed by IWAS

Taiwan Society for Surgery of the Hand



COURSE SUPERVISORS

Christophe MATHOULIN
(France)

Jan Ragnar HAUGSTVEDT
(Norway)

SPECIAL SCIENTIFIC ADVISOR

Toshiyasu NAKAMURA
(Japan)

Pak Cheong HO
(Hong Kong)

Jui-Tien SHIH
(Taiwan)

COURSE DIRECTORS

Margaret Woon Man FOK
(Hong Kong)

Wei-Jen CHEN
(Taiwan)

INVITED FACULTY

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|-----------------------------------|----------------------------------|
| Gregory Ian BAIN (Australia) | Jan Ragnar HAUGSTVEDT (Norway) |
| Mark ROSS (Australia) | Young Keun LEE (South Korea) |
| Pak Cheong HO (Hong Kong) | Andrew Yuan Hui CHIN (Singapore) |
| Wing Lim TSE (Kong Kong) | Wei-Jen CHEN (Taiwan) |
| Margaret Woon Man FOK (Hong Kong) | Yi-Chao HUANG (Taiwan) |
| Toshiyasu NAKAMURA (Japan) | Jui-Tien SHIH (Taiwan) |
| Kazunari TOMITA (Japan) | Jung-Pan WANG (Taiwan) |
| Shiro YOSHIDA (Japan) | Chin-Hsien WU (Taiwan) |
| Simon MACLEAN (New Zealand) | Chen-Yuan YANG (Taiwan) |

OBJECTIVES

- ✚ Deepen knowledge of wrist anatomy including the SL and TFCC and its management in the presence of injuries
- ✚ Identify advanced clinical indications for wrist arthroscopy including complex ligament injuries and scaphoid non-union
- ✚ Master advanced arthroscopic techniques in ligament and TFCC reconstruction, scaphoid non-union and limited carpal fusion
- ✚ Engage in hands-on practice using cadaveric models to enhance technical skills and confidence in advanced wrist arthroscopy

Day 1 - Thursday, May 28, 2026

08.20 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

08.40 am Registration & Take Photo for Course Booklet

THEORETICAL SESSION 1 – 1F Auditorium

09.00 am **Opening & Introduction** G. BAIN, M. FOK, W.J. CHEN

09.10-10.10 **Lecture 1: TFCC**

- ✚ Assessment of TFCC using radiocarpal portal and DRUJ portal (10 min) K. TOMITA
- ✚ TFCC foveal repair (10 min) T. NAKAMURA
- ✚ TFCC augmentation (10 min) S. YOSHIDA
- ✚ TFCC reconstruction (10 min) J.R. HAUGSTVEDT
- ✚ DISCUSSION (15 min) All faculties

10.10-10.40 Coffee Break (1F Cafeteria)

PRACTICAL SESSION 1 – 3F Laboratory

10.40-12.40 Hands-On Session on Cadaver: Two participant per station
 ✚ TFCC issues – from capsular repair, foveal repair to reconstruction All faculties

12.40-13.30 Lunch (1F Cafeteria)

THEORETICAL SESSION 2 – 1F Auditorium

13.30-14.30 **Lecture 2: Carpal Instability**

- ✚ Assessment of SL instability (10 min) M. FOK
- ✚ SL repair (10 min) G. BAIN
- ✚ SL reconstruction (10 min) – internal brace A. CHIN
- ✚ Ligament specific reconstruction for SL instability (10 min) M. ROSS
- ✚ DISCUSSION (15 min) All faculties

14.30-15.00 Coffee Break (1F Cafeteria)

PRACTICAL SESSION 2 – 3F Laboratory

This program is subject to modification.

15.00-17.00	Hands-On Session on Cadaver: Two participant per station ✚ SL issues: SL repair, ARPP, reconstruction	All faculties
17.00 pm	End of session	
17.15 pm	Faculty & Participant Shuttlebus from IRCAD-Taiwan to Congress Dinner	
17.45 pm	Congress Dinner	

Day 2 - Friday, May 29, 2026

08.30 am Faculty & Participant Shuttlebus from Hotel to IRCAD-Taiwan

THEORETICAL SESSION 3 – 1F Auditorium

09.00-10.00	<u>Lecture 3: Scaphoid fracture / SLAC / SNAC</u> ✚ Scaphoid fracture (10 min) ✚ Arthroscopic bone graft for Scaphoid non-union (10 min) ✚ Kienbock disease (10 min) ✚ Management of late stages of SLAC and SNAC (10 min) ✚ DISCUSSION (15 min)	W.J. CHEN P.C. HO G. BAIN Y.K. LEE All faculties
10.00-10.30	Group Photo & Coffee Break (1F Cafeteria)	

PRACTICAL SESSION 3 – 3F Laboratory

10.30-12.30	Hands-On Session on Cadaver: Two participant per station ✚ ARIF for Scaphoid fracture, ABG, Limited carpal fusion	All faculties
12.30-13.30	Lunch (1F Cafeteria)	

THEORETICAL SESSION 4– 1F Auditorium

13.30-14.30	<u>Lecture 4: Thumb CMC and STT, PT</u> ✚ Arthroscopic management of CMCI arthritis (10 min) ✚ STT arthritis arthroscopic options ✚ Arthroscopic wafar procedure ✚ Arthroscopic-Assisted Reduction of Intra-Articular Distal Radius Fracture (10 min) ✚ DISCUSSION (15 min)	J.T. SHIH W.L. TSE S. MACLEAN C.Y. YANG All faculties
14.30-15.00	Coffee Break (1F Cafeteria)	

PRACTICAL SESSION 4 – 3F Laboratory

15.00-17.00	Hands-On Session on Cadaver: Two participant per station ✚ CMCJ arthroscopy, STT arthroscopy, PT joint arthroscopy	All faculties
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This program is subject to modification.

17.00 pm	End of the course Evaluation of the day Delivery of certificate of attendance
17.15 pm	Participant & Faculty Shuttlebus from IRCAD-Taiwan to Lugang Union House & Taichung HSR Station

ASIA IRCAD – TAIWAN WRIST ARTHROSCOPY COURSE MAY 28 - 29, 2026

交通車時刻表 Shuttlebus Time Schedule	
出發時間 Departure Time	路線 Route
Day 1: May 28 (星期四 Thursday)	
08.20	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
17.15	彰濱秀傳微創手術中心 → 大會晚宴 IRCAD-Taiwan → Congress Dinner
20.00	大會晚宴 → 鹿港永樂酒店 → 樂活紓壓俱樂部 Congress Dinner → Union House Lukang → Lohas Relaxing Club Lukang
Day 2: May 29 (星期五 Friday)	
08.30	鹿港永樂酒店 → 彰濱秀傳微創手術中心 Union House Lukang → IRCAD-Taiwan
17.15	彰濱秀傳微創手術中心 → 鹿港永樂酒店 → 高鐵台中站 IRCAD-Taiwan → Union House Lukang → Taichung HSR Station  高鐵接駁車將從 IRCAD 直接出發，請您於早上退房後，將行李一併帶至 IRCAD 報到。 <i>*The HSR shuttle will depart directly from IRCAD-Taiwan. Please check out of your hotel in the morning and bring your luggage with you to IRCAD.</i>

 行李寄放：退房後請將行李帶至 IRCAD，櫃台後方備有行李間。

Luggage: After check-out, please bring your luggage to IRCAD. A storage area is available behind the front desk.

 停車：可停放於醫院停車格，課程結束後至 IRCAD 櫃台領取免費停車券。

Parking: Park in the hospital lot and get a free parking voucher at the IRCAD front desk after the course.

 計程車：若需叫車，請提前告知工作人員協助安排。

Taxi: Let our staff know in advance if you need a taxi, and we'll assist with booking.

Hotel Information	鹿港永樂酒店 UNION HOUSE Lukang
Address	505 彰化縣鹿港鎮三民路 152 號 No. 152, Sanmin Road, Lukang Township, Changhua County, 505
Tel	+886-4-776-2999
Hotel Information	樂活紓壓俱樂部 LOHAS RELAXING CLUB Lukang

This program is subject to modification.

Address	505 彰化縣鹿港鎮鹿工路 6 號 (彰濱秀傳心理健康大樓 2F) 2F, No. 6-2, Lugong Road, Lukang Township, Changhua County, 505 (Chang Bing Show Chwan Memorial Hospital, Mental Health Building 2F)
Tel	+886-4-781-1163

彰濱秀傳醫療園區地圖 Map of Chang Bing Show Chwan Health Park



Local Dining Options	
LeeLi's	Taiwanese-Western Fusion Bistro
海味珍海鮮餐廳	Hai Wei Zhen Seafood
木生海鮮會館	Mu Sheng Seafood
王罔麵線糊	Wang Wang Noodle
永香民俗小吃	Yong Xiang Taiwan Snack
掬翠拾煙蔬食創作料理 (素)	Ju Cui Shi Yan (Vegetarian)
勝豐吧	Sheng Feng Bar

Course Manager	柯宜汝 Sara 0937-929-310
Location	彰濱秀傳亞洲遠距微創手術中心 IRCAD-Taiwan (Asian Institute of TeleSurgery)

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Address	505 彰化縣鹿港鎮鹿工路 6-1 號 No. 6-1, Lugong Rd., Lukang Township, Changhua County, 505
Tel	+886-4-781-2988